



# Welcome To Maine Bikram Yoga

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

STREET: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

EMERGENCY CONTACT (Name and Phone number): \_\_\_\_\_

*We value your privacy and will not share your personal information with any other party.*

Do you give Bikram Yoga Portland permission to send periodic emails to your email address with news and schedule updates, posture explanations, and discount coupon offerings? Please circle one choice: **YES**                      **NO**

How did you hear about us? Please circle all that apply.    **Flyer**    **TV**    **Radio**

**Internet**    **Promotion**    **Print Ad**    **Friend** (who?) \_\_\_\_\_

In consideration of and as inducement to your enrolling as a student of Bikram Yoga College of India, Portland, 49 Dartmouth Street, Portland, Maine 04101, I represent and agree as follows:

- (1) I have been examined by a licensed physician within the past six months and have been found by such physician to be in good physical health and fully able to perform all Yoga exercises which I am to learn and perform during my enrollment with you.
- (2) I will faithfully follow all instructions given me by you and your instructors as to when, where, and how to perform and not to perform Yoga exercises, it being understood that any deviation by me from such instructions shall be at my own risk.
- (3) I will not hold you, your partners, instructors, or employees responsible for any injuries suffered by me caused whole or in part by my failure to faithfully follow the instructions of you or your instructors or by any physical impairment of mine not fully disclosed to you in writing.
- (4) I understand and acknowledge that I am to receive instruction in Yoga theory and exercise only, and I will not hold you, your partners, instructors, or employees to any higher standard of care than that applicable to school of Yoga theory and exercises.
- (5) The tuition paid herewith and such registration fees paid hereafter are non-refundable; such refunds if any, as are made shall be entirely within the discretion of Bikram Yoga College of India, Portland.

Please list any medical conditions we need to be aware of: \_\_\_\_\_

\_\_\_\_\_

DATE

SIGNATURE